Bow Speed, Pressure, & Sounding Point Exercise

Sounding Point

- Start a down bow at the frog near the fingerboard.
- Pull the sounding point to the bridge until you reach the middle of the bow.
- Move back to the fingerboard.
- The bow stays parallel to the bridge at all times.
- In order to keep the bow straight you must control the extension of your right arm.
- This motion will become smaller as you speed it up.