Bow Speed, Pressure, & Sounding Point Exercise

Bow Speed

- Change only the speed of the bow.
- Practice this exercise with a sounding point close to the fingerboard.
- Use very little bow pressure, and don't change the pressure of your index finger while you practice this bow speed exercise.
- MM= 60
- Play one beat with the fastest possible bow speed, using almost the entire bow.
- Play the next beat in the same direction with the slowest possible bow speed.
- Double the speed of the exercise as shown in the video, then continue to speed it up to the fastest possible pattern.